



THE BALANCE SHEET APRIL 2021

HR NEWS & RESOURCES FOR
THE DIVISION OF FINANCE

WELLNESS RESOURCES

Employee Wellness at Home

Hokie Wellness recently launched this [site](#) with virtual workshops, connection sessions, and other wellness resources focused on wellbeing and self-care.

Learning to Press Pause

Explore how thoughts, feelings, and actions all connect. Learn to pause in the heat of the moment and examine how to react to stressors in a productive way in this virtual Resiliency in the Workplace program offered from 12-1p on April 23rd. Register [here](#).

Combat Zoom Fatigue

Research supports what we already know...videoconferencing exhausts both the mind and body. Click [here](#) for suggestions from Hokie Wellness on how to reduce the fatigue.

Employee Assistance Program

Mental health and emotional well-being are critical to overall wellness. Resources for benefited and non-benefited faculty, staff and wage employees can be found [here](#).

IMPORTANT DATES

- 4.13** Climate Survey Opens
- 4.13** VRS Planning Session
- 4.15** ORP Planning Session
- 4.22** President's Award Celebration
- 5.5** Last day of classes

HR NEWS

Campus Climate Survey Launch

On April 13th all employees should have received an email with a link to the 2021 survey. Completion of the survey should take approximately 10 minutes. Your participation is critical to helping us understand employee perceptions in areas like diversity, inclusion, leadership, work environment, and job satisfaction. For more information, click [here](#).

President's Award for Excellence

President Tim Sands will host the President's Award for Excellence virtual celebration via Zoom on April 22nd at 2p. You are invited to join the live stream of the event (available [here](#)) to honor the 33 nominees.

Retirement Planning Sessions

VRS and ORP planning sessions continue to be offered separately and conducted via Zoom in April. Just a few sessions remain. To learn more or to register for a session, click [here](#).

Workplace Mental Health Zoom

A recording of last month's employee discussion can be accessed [here](#) for those who were unable to participate.

SPREAD THE WORD

Employee referrals are incredibly powerful when recruiting talent. Promote the following Finance opportunities with your network and share the benefits of being a Hokie! Click on each title for job details.

Accounts Payable Analyst
Payroll Accountant

Payroll Supervisor
Manager of International Payment Compliance

PROFESSIONAL DEVELOPMENT TOOLS

Targeting Accountability

Visit [On Topic](#), Talent Development's quarterly newsletter, for articles, virtual courses, books, and podcasts all aiming to improve personal and team accountability.

PageUp LMS

The [Learning Management System](#) is integrated with PageUp recruiting and onboarding portals. The system is designed to house employee development plans and capture completed trainings for both employee and supervisor reference. The learning library is ever expanding with searchable content to help identify courses to meet employee needs.

Micro-Learning

Check out these [resources](#) that feature short videos and articles to meet your year to learn when time is limited. All activities are less than 15 minutes! Topics include: Using VLookup in Excel, 15 Secrets to Time Management, and How to Use Tasks in Microsoft Teams among others.